

# Boc'n'roll

## How to make a reusable sandwich bag

### Necessary material:

#### Material brought by the student.

A piece of cloth not too thin; tablecloth or napkin type (thin cotton fabrics do not go well). We can take advantage of and reuse a fabric we have at home.

The size must be at least 50 cm x 35 cm.

- Scissors.
- Permanent marker.
- A ruler or meter to measure.

#### Material provided by the school.

- A piece of plastic for food use, the same size as the fabric.
- DIN A3 paper (one per student).
- Sewing needles (no. 7).
- Slightly thick sewing thread (twist type).
- Head needles (approximately 8 for each student).
- Velcro adhesive.

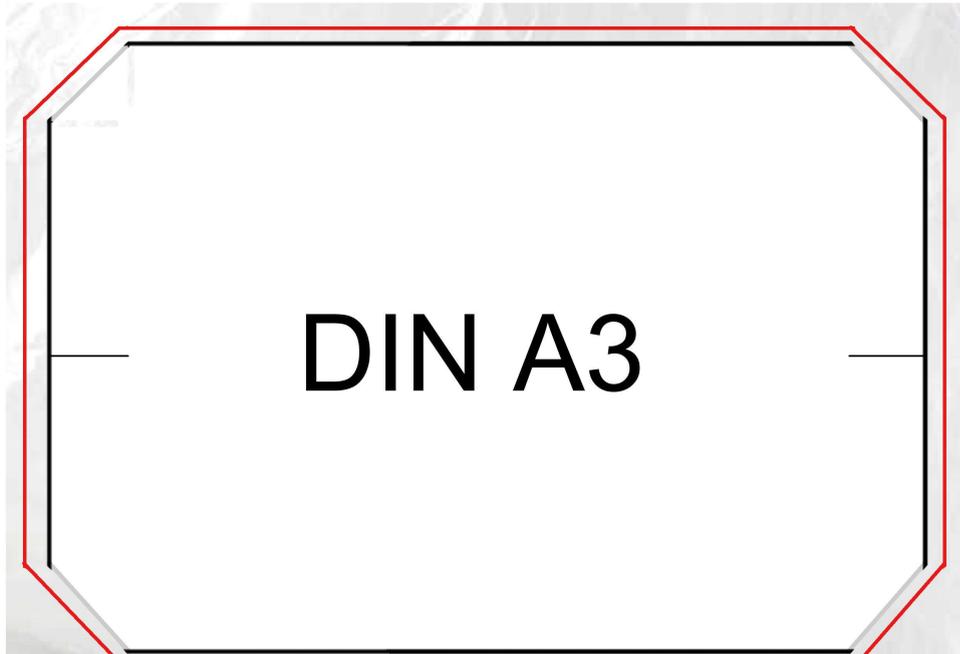


## Step-by-step

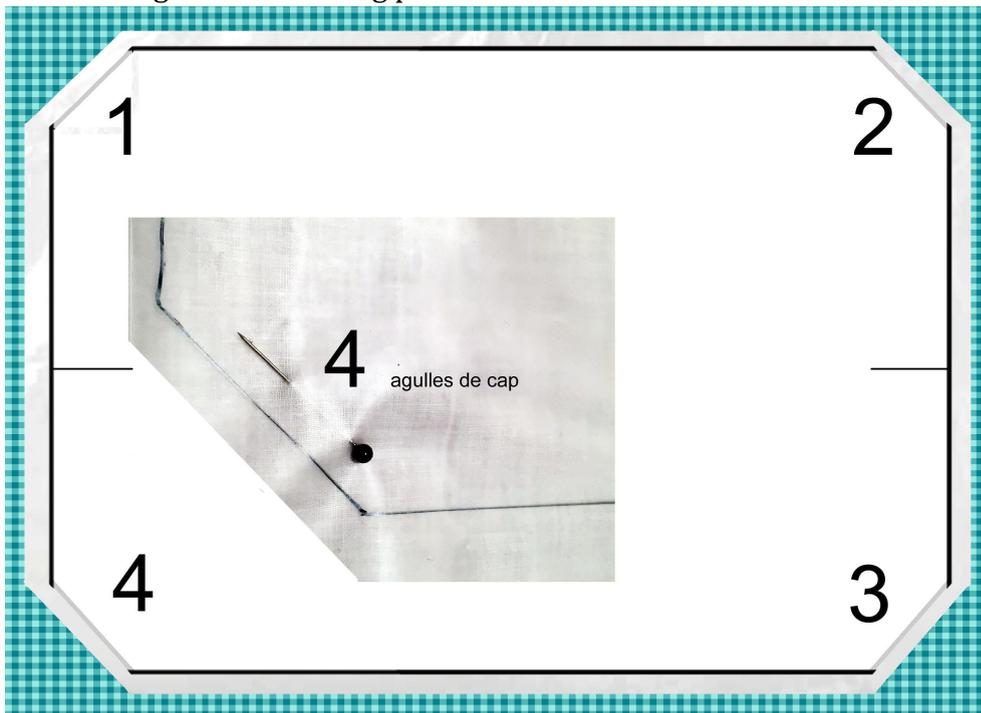
1. We draw a pattern of the wrapper that we want to do on a DIN A3 paper (42 cm x 29.7 cm). To do so, we only have to cut the corners of the paper to a distance of 4 cm for each side from the corners.



- 2 We mark the sizes of this pattern with a marker over the plastic for food use.



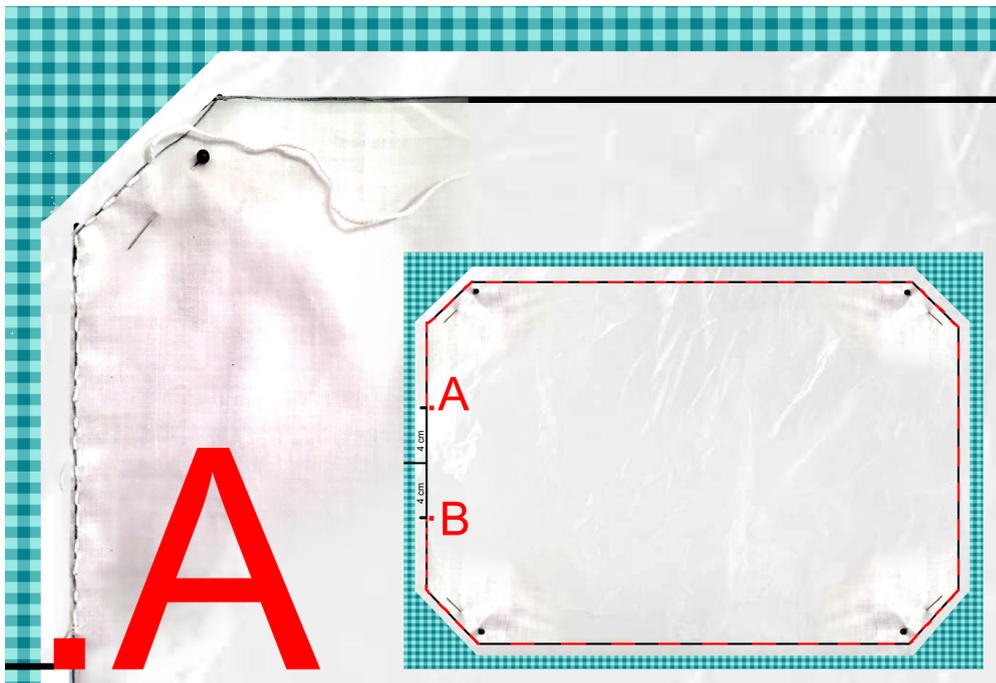
- 3 Then we put the plastic on the good side of the fabric (in case it has two faces) and set the two pieces together with at least four head needles. These needles will be fixed throughout the sewing process.



- 4 Before sewing, we will make a small mark with the marker in the center of one of the shorter sides of the piece. From this point we mark 4 cm on either side of the line, leaving a fragment of 8 cm (AB).



5 We will start sewing from point A, following the line we have marked on the plastic and end at point B. This way we will leave a part to turn inside out.



6 Once sewed, you can cut the remaining plastic and cloth margin a little, to make it more polished. Before, however, you can remove the needles from your head and return them to the teacher.



- 7 Let's turn it inside out, like a sock, from the piece we've left without sewing, so as to hide the sewing .



- 8 We cut two pieces of velcro. One about 15 cm and the other about 6 cm.



15 cm ; 6 cm

- 9 We then paste the longest velcro piece onto the fabric (not on the PLASTIC!!!!) horizontally and centered.

10. Finally, let's introduce, half a centimeter, the smallest velcro piece in the opening not sewed, leaving the rest out and finish sewing.

11. and that's all, folks!